

PARENT TIME LESSON 5.0 // PSALM 51:10

LEARNING OBJECTIVE: I have sin in my heart and Jesus can make me clean.

WHAT YOU WILL NEED: Washable Markers, Sharpie, Foam Heart (supplied), Baby/Toddler wipes, Piece of paper.

1. **DRAW** a big heart on a piece of paper.

ASK, What do you think of when you see a heart? (Love is the usual answer)

God says in the Bible that there are lots of BAD things inside our hearts.

ASK, What are some things that God does NOT want us to do? (Bad things that people do?)

Use a black marker and fill up the heart with as much as you can fit inside it. Let it look messy and cramped.

*Once they slow down, help them to list not only the "BIG" stuff but the "LITTLE" stuff too.

ASK, What about ... (ask what you think hits home for them) Ex. Not being thankful, Loving things more than God, not building other's up, not giving to those in need, being selfish, looking at or watching things we shouldn't, wanting things that other people have, having a bad attitude, laughing at people when they get hurt, etc...

ASK, What do our hearts look like with all this bad stuff in them? (gross, yuck, bad)

ASK, Does it look like love anymore? Do our hearts look clean and pure with all this bad stuff in them? (no)

ASK, Have you ever done any of the bad things that are inside this heart? (yes, admit something that you've done inside the heart, encourage them to admit something they've done inside the heart.)

2. **SAY,** God calls all these bad things in our hearts SIN.

ASK, Do you think God likes the bad things in our hearts? (no)

SAY, The Bible says that ALL have sinned. (Romans 3:23) We have ALL done things that God doesn't want us to do.

Does that mean everyone BUT Mom and Dad have sinned? NO. The Bible says ALL have sinned and we all have hearts that have yucky stuff in them. Everybody...mommy, daddy, sisters, brothers, grandpa's, grandmas.

Everyone but Jesus, he's the ONLY one who ever had a clean, pure heart with nothing bad in it.

3. **ASK,** What bad things do you have in your heart?

GIVE them the foam heart and washable markers. Use a dark marker. Tell them to write on the blank side of the heart some bad things that are in their hearts. (bad things they've done)

4. **ASK,** So how do we get those bad things out of our heart? (allow them to answer if they can but don't give them the answer, if they don't know)

GIVE them a wipe.

SAY, This wipe is like Jesus. Jesus can take our sins away and make our hearts clean again when we ask him for forgiveness. (Let them wipe as much of the marker off as they can. Encourage them to pray to God and to ask forgiveness for the specific sins they listed.)

ASK, Where is the yucky stuff that was in our hearts? It's on the wipe, Jesus is like the wipe, Jesus cleaned off the sin.

ASK, What did we have to do to get that stuff out of our heart? (ask God to forgive us) God loved us SO much that he sent his son, Jesus to die on the cross for OUR SIN. Jesus loved us SO much that he died on the cross so that he could take our sin from us and make our hearts pure and clean.

*NOTE: Our hearts looked clean but they were dented in where the kids pressed down hard with the markers. It really bothered them that they still saw those dents. I told them that even though Jesus cleaned their sin off, and God forgives them, sometimes the bad things we do have consequences that leave scars/marks on our hearts. (Don't get stuck here if you even mention it)

5. **WRITE** the word JESUS in the center of the clean heart in sharpie.

SAY, When we ask Jesus to forgive us for the bad things we've done (sin) and ask him to come into our hearts and make them clean, He WILL and he will NEVER leave us and he will HELP us to live for him and do the things God wants us to do.

ASK, After we ask God to forgive us, what else do you think we should ask him for?
(for help to not do that bad thing again)

6. **ASK,** What are some things that God wants us to do that Jesus could help us with?

Have them write good things on their hearts with colorful markers. (Ex. Fruit of the spirit, allow them to write sweet, simple things and encourage them by telling them that it makes God happy when they do those things)

SAY, When we have Jesus inside our hearts, we are able to do more of the good things God wants us to do because Jesus helps us. (For older kids who know what the Holy Spirit is, you may want to explain further)

7. **ASK,** Once Jesus is in our hearts, can we still choose to do bad things and make our hearts messy again? (yes)
We will still make bad choices BUT when we do something bad, what should we do right away?

1. **Ask Jesus for forgiveness**

2. **Ask Jesus for help** to not do it again and do your best not to do it again. You can even ask your parents to pray with you for Jesus to help you.

3. If you hurt someone other than God . . .

Make things right by saying you were wrong for _____, and ask the person you hurt to forgive you.

7. **REVIEW VERSE** David in the bible had done LOTS of bad things and he wrote our memory verse to ask God for help after he messed up really bad. (Turn the heart over to review the verse)

Create in me a PURE HEART, O God, and renew a steadfast spirit within me. Psalm 51:10

David realized that he had bad things in his heart and he asked God to clean it by forgiving him.

9. **PRAY.** (Ex.) Thank you Jesus for cleaning our hearts when we ask you for forgiveness. Thank you Jesus for coming into our hearts when we ask you and thank you for helping us do things that God wants us to do. Thank you for dying on the cross for us to save us from our messy hearts. Create in us a PURE HEART, O God, and renew a steadfast spirit within us. Thank you for making us clean when we are really sorry and ask for your forgiveness and help. In Jesus name, Amen.

